



TRINITY  
GRACE  
CHURCH

# PRESCHOOL ACTIVITY GUIDE

SUNDAY, MARCH 29, 2020

## INTRODUCTION

Following the leader is definitely something preschoolers love and understand. What they need to learn is that throughout life there will be countless choices of leaders they can follow. We want them to know who the best leader is to follow. And that is Jesus! Jesus is the best leader we can follow!

## BIBLE STORY

Love One Another

John 13:34-35

When I follow Jesus, I can love everyone!

## MEMORY VERSE

"Come and follow me,' Jesus said."

MATTHEW 4:19, NIRV

## KEY QUESTION

Who can you follow?

## BOTTOM LINE

I can follow Jesus.

## BASIC TRUTH

Jesus wants to be my friend forever.

## QUESTIONS?

Contact us with any questions you have about this activity guide. Please note, we can best support you during the week (Monday thru Friday). No question is too big or too small. We're here to help! With love, Elisa Booker and Danielle Swink



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## CREATE

an activity that allows preschoolers to review the Bible story, bottom line, or memory verse by creating a craft to take home

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### 3. GET WELL GREETINGS

**WHAT YOU NEED:** "Get Well Postcards" Activity Page, cardstock, heart stickers, and crayons or markers

**WHAT YOU DO:**

**BEFORE THE ACTIVITY:** Copy "Get Well Postcards" on cardstock and cut on dotted lines (*one postcard per child*). Set all the postcards, stickers, and markers or crayons on the table.

**DURING THE ACTIVITY:** Point out the words on the front of the card. Encourage the children to decorate the back of the card with the supplies provided.

**AFTER THE ACTIVITY:** Gather all cards, markers, crayons, and any extra stickers for clean-up.

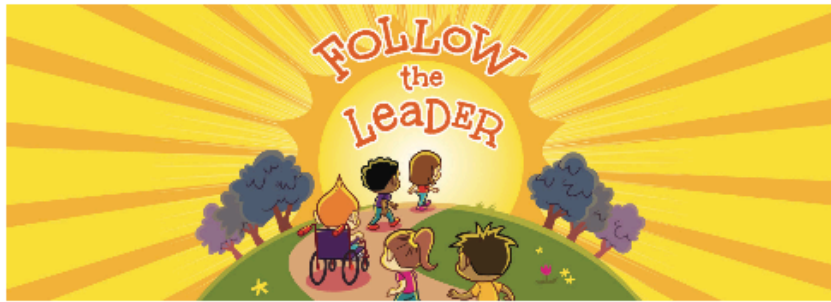
**WHAT YOU SAY:**

**BEFORE THE ACTIVITY:** "Today we're going to make some special cards for people in the hospital. It's so nice to show love to someone when they aren't feeling well! On the front of this card, it says, 'Love one another!' Let's show some love by decorating the back of our cards, and then we'll give them to people who are in the hospital to show we are thinking about them and that we love them."

**AFTER THE ACTIVITY:** "These are beautiful. I know they will make so many people feel so loved. Thank you for helping make these special cards today. Making a card for someone is just one way to show love. We'll hear more about how Jesus loves in our Bible story today. Let's go!"

**TRANSITION:** Move to Worship and Story by following you as you pantomime different ways to show love. You might say, "I can show love by giving a hug. Give a friend a hug," or, "I can show love by saying, 'Hello, friend!' Say it with me. Hello, friend!" Other examples: Giving a high five, helping to clean up, saying "I'm sorry," etc.





**WEEK FIVE**  
**JOHN 13:34-35**

Jesus tells us to love one another the way  
He loves us so everyone will know we follow Him.



**REMEMBER THIS:**

“Come and follow me,  
Jesus said.”  
**MATTHEW 4:19, NIV**



**SAY THIS:**

Who can you follow?  
**I CAN FOLLOW JESUS.**

**BASIC TRUTH:**

**JESUS WANTS TO BE MY FRIEND FOREVER.**



**DO THIS:**



Cuddle with your child this month and pray, “Dear God, we want to follow Jesus and love people the way He loves us, but sometimes it’s hard. Sometimes we don’t want to share or be kind or forgive. Please help us love people like Jesus, even when we don’t feel like it. We really do want to follow Jesus. We love You, God. In Jesus’ name, amen.”

**A SAFE PLACE TO LAND**

By Sarah Bragg

My oldest daughter is 10, and for the past year and a half, she spends most of her free time at the farm. She has always had a great affinity for horses. When she isn’t riding, she’s working at the farm—cleaning stalls, catching horses in the field, or bathing them.

Normally, she’s all smiles after the farm. But recently, I arrived to pick her up, and as she sat down in the car, she broke down in tears. The work had been hard. She had to oil saddles for over two hours. It had to be redone and took up all her time—which meant no time to ride. I think it was a combination of exhaustion, disappointment, and embarrassment. Unmet expectations at any age can sometimes leave us in tears.

I normally don’t handle emotions well. I like to breeze right on past them with quick fixes. And often times, I’m running at full speed between work obligations and family needs. So I’m not usually in a place to sit still with their emotions. But for once, I was in a restful, ready place to meet her sadness with gentleness. Handling your child’s emotions isn’t easy, and it is most definitely exhausting and never convenient. But in that moment, she needed a safe place to land. No fixing. Just safety. Gentleness.

So, she sat in the seat beside me and cried. And I sat in the seat beside her and listened and offered empathy. And

then when we arrived home, I sat with her while she ate dinner late. And then instead of homework, we played a few rounds of the game, “Speed.”

That night as we said goodnight, I asked her the question I’ve been asking each night: “What are you thankful for? What made you happy today?” Her usual answer involved a horse, but this time she thought about it for a minute. And then she looked at me and said, “You.” It wasn’t a trite answer. It wasn’t a generic answer. I knew it was true. That night, I showed up. I gave her what she needed from me. I gave her a gentle place to land.

**When we give our kids our presence, we are choosing to be a gentle place for them to land.** Because here’s what I know to be true: You can’t multitask presence. You can’t be thinking about your agenda while trying to comfort a child. It never works well.

**You can’t prevent your children from feeling disappointed, sad, embarrassed or exhausted; but you can show up in those moments and be fully present, and safe.**

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